



# Fessica Papineau

MOTIVATIONAL SPEAKER

HELPING POWERFUL WOMEN LEAD WITH PRESENCE & PURPOSE, THROUGH STYLE & SOUL-ALIGNED STRATEGY

2026 MEDIA KIT



## About Jessica

Jessica Papineau is a Sarasota-based influencer and personal stylist with over 25 years in the fashion industry, helping high-performing women—entrepreneurs, executives, and creators—discover the power of style, networking and collaboration as tools for transformation.

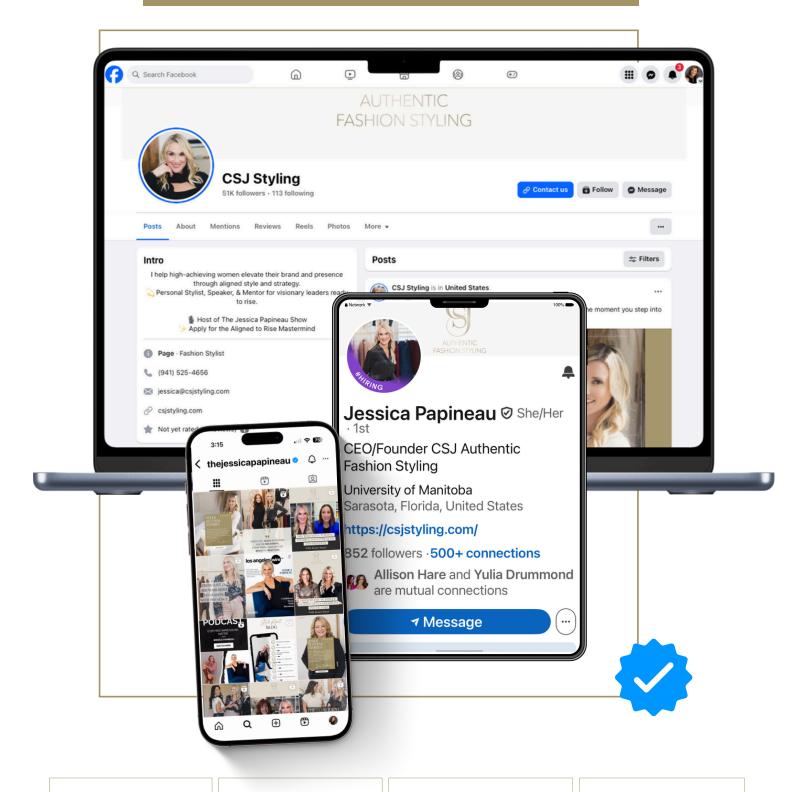
Jessica creates transformative style content across her speaking engagements, blog, podcast, and social media. Her goal is to inspire ambitious women to step into their full potential—through intentional style that liberates them from self-doubt, arbitrary fashion rules, and overwhelm, so they can show up as the visionary leaders they're meant to be.

With a combined community of over 50,000+ followers and a monthly reach exceeding 100,000, Jessica has been recognized as one of MSN's "Top 10 Self-Made Women to Follow," featured on ABC News, Suncoast View, Los Angeles Wire, Women's Journal, New York Weekly, and more.















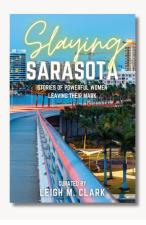


# Press Engagements PRINT, ONLINE, AND IN-PERSON



Jessica is a sought-after speaker and podcast guest, known for delivering dynamic, inspiring talks that blend practical tools with heartfelt storytelling to leave audiences energized and ready to take action.

**PUBLICATIONS** 















PODCAST APPEARANCES



















LIVE EVENTS







THE Adult Chair®



The Abundant Badass Collective





The Jessica Papineau Show is where ambitious women discover how to align their personal style with their highest vision for life and career. Each episode empowers listeners with transformational conversations, practical styling insights, and inspiring stories to help them show up with confidence, authenticity, and unstoppable presence.

### MOST DOWNLOADED EPISODES

CLICK TO LISTEN

From Trauma to Transformation:
Intuitive Business Coaching
& Somatic Healing

with guest Christina Deering

Business Alignment For Women Entrepreneurs

with guest Brooke Hemingway

The Power of One Voice

with guest Kim Witczak

Healing Through The Adult Chair Model

with guest Michelle Chalfant

#### **STATISTICS**

400+

total podcast downloads

100+
monthly

visitors

119

monthly downloads

**O** ★★★★ podcast rating

MY AUDIENCE

90% women

**70%** 30-45 yrs old

**97**% USA



## Style Report Blog CSJSTYLING.COM

The Style Report Blog is the go-to space for empowering style insights that bridge fashion and personal growth. Each post offers practical tips, inspiration, and transformational guidance to help readers simplify their wardrobe, elevate their confidence, and step boldly into the life they envision.



#### STATISTICS

1,500k+

average monthly page views

2000k+

unique monthly impressions

17% / 45%

organic search / direct visits

4000+

email list subscribers

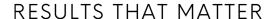


### MOST VIEWED ARTICLES CLICK TO VIEW

Is A Personal Stylist
Worth The Investment?

How To Prepare for A
Personal Branding Photoshoot

The Power Presence Index for Rising Leaders









hello@csjstyling.com csjstyling.com

BOOK HERE

#### LET'S GET TOGETHER

I look forward to working with you to connect with your unique audience! For photos, my full brand kit, or to book your next feature or event, please visit the CSJ Styling website.

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